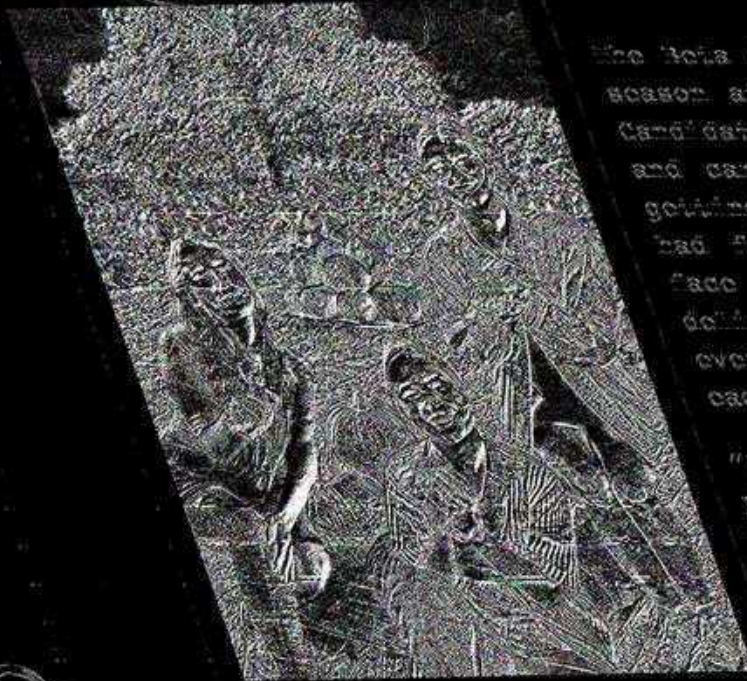


CONFIDENTIAL

Dolphin Dive -

A.O.E. Beta
Omega Chapter

Aggie Habitat for Humanity Pumpkin Patch



The Beta Omega Chapter started the spooky season at the pumpkin patch. Actives and Candidates had fun purchasing, painting, and carving pumpkins together while also getting spooktacular photos together. We had fun taking photos with pumpkins and face cut-out props! There were also delicious pumpkin-themed desserts for everyone to enjoy while getting to know each other.

"I had such a fun time at the pumpkin patch! Getting to hang out with everyone was the perfect way to end the week. I also loved chatting with all the candidates that showed up! The fall was perfect and I can't wait for next event!" -Anna Woodruff (Beta Class)

"It was such a good time, just taking in the autumn vibes, hanging out with my friends, and enjoying anything and everything pumpkin! The patch was so much fun and I loved getting to see everyone and their fun projects!" -Katelyn Burkhardt (Beta Class)

WVNC Gardens Volunteering

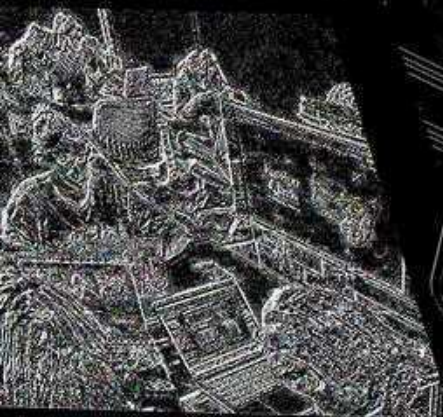
It was the perfect weather for sisters to do some non-gardening. Some sisters created beautiful designs in the Gardens pathways while others weeded in the native flowerbeds. It was a calming and restorative activity before midterms!

"The website workshop was a unique PD event that allowed us to gain online professional development. Now we were able to address a professional development area that hasn't been covered in the past." -Anna Woodruff

Personal Website Workshop

This workshop was led by Katelyn Clark (Alpha Class) who taught everyone just how cool personal websites can be! They covered several different website creation options and gave examples of information that may be useful to add to a website you would share with a recruiter.

was a new and helped grow my personal I liked focus on a new development that as much in the (Alpha Class)



CAS: NOV: 2023 (CONT.)

Bahama Buck's Profit Share

What a better way to celebrate the chilly weather with shaved ice and snow cones! Chatting over sweet treats was a great way to bond while raising funds for our chapter. Call that a double whammy!

"The Bahamas Buck's profit share was a great way to catch up with all of the Actives and meet the new Candidates during my passive semester. Also...I reconfirmed that cherry coke is the best snow cone flavor." -Angela Bauer (Delta Class)

"The Bahamas Buck's Profit share was so fun! I loved getting to hang out with everyone and eating snow cones together!" -Abigail Cifrieri (Eta Class)

Northgate Bake Sale

Our sisters delved in to make some yummy baked goods and then sold them at Northgate. Those who volunteered at the bake sale dressed up to show their Halloween spirit!

"I had a wonderful time at the bake sale! It was fun trying to get people to come to our table and we would all get so excited every time someone wanted to buy some treats! Everyone who came to buy baked goods was all super sweet and I loved seeing everybody in their costumes!"

-Williams Martinez (Mia Class)

Alpha Omega Alumnae Panel

Members of the Alpha Omega chapter joined us virtually and in-person to talk about their lives post-grad. Sisters learned about what the industry, grad school, and research is like after graduating and gained valuable advice from our valued alumnae members. Reconnecting with the alumnae was a special experience for them to see how much we have grown and for us to see how successful they have been.

"It was really fun getting to meet the AOM gals and candidates, and getting some time to catch up with other AOM alumnae! Everyone is doing a killer job with their careers and I have confidence that everyone in AOM

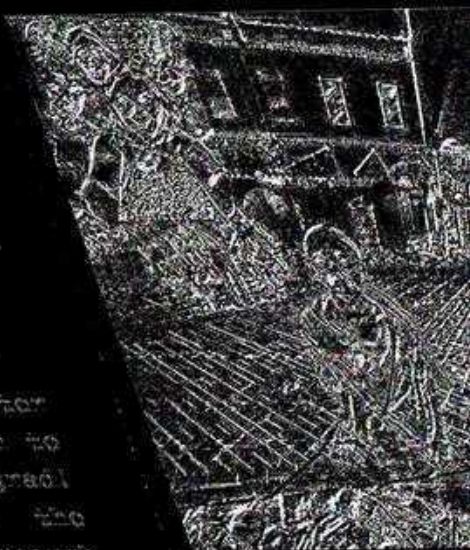
will land their dream program with the active and caring Mostoufi (Beta Class) had a great panel! It was in an A.O.M. such great and favorite part and hearing going since (Passion C

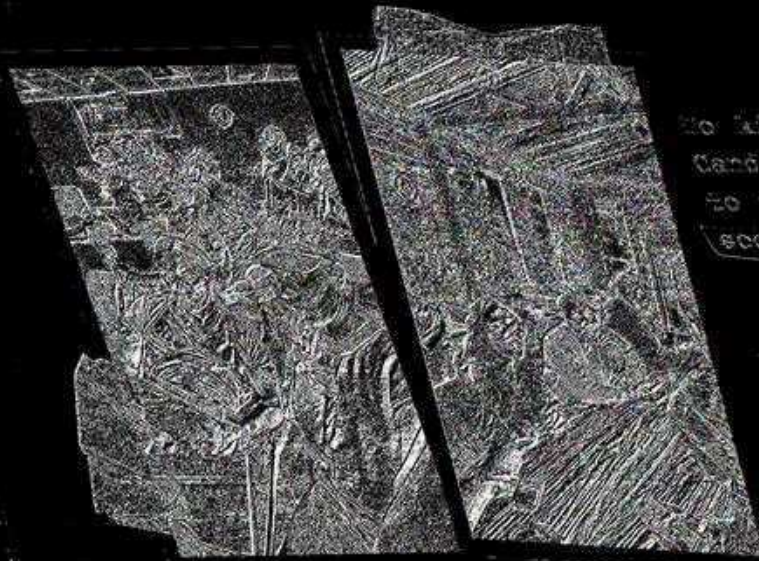
REPORT 2023 NEWS CENTER



can job or begin help of such an community!" -Kendal (Epsilon Class)

time at the alumnae awesome to participate event again and hear advice from everyone. My was seeing my sisters how everything has been graduation!" -Alex Burns (Epsilon Class)





Active Week 6 2023

To kick off Active Week, our lovely Candidate class worked hard all day to intercept Actives and finish their secret task.

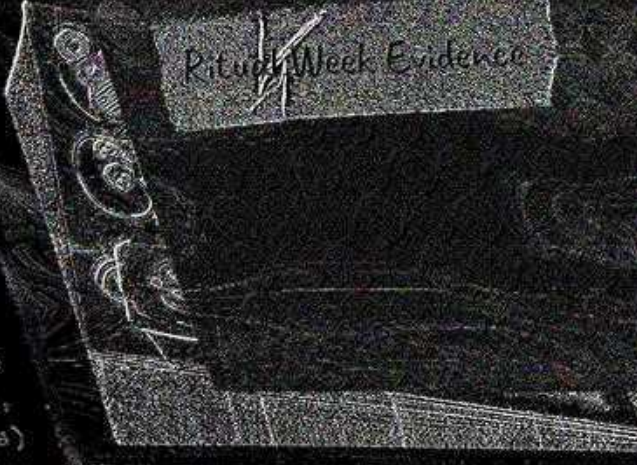
Candidate Projects

The theta candidates presented their class projects a photo backdrop! The sparkly backdrop is composed of the MIT colors and sparkly lights, so you can look forward to taking super cool photos at future events!

Spooky Carnival

Actives and Candidates spent Halloween together in costume while playing games, beans bobbed for apples, counted candy corn, and were able to play many more spooky-themed games for prizes! The costume contest was great with highlights including Kinetic Arcos (Theta Class) as Shrek, DeAnne Kong (Veta Class) as Yoda, and Mariana Vera (Veta Class) as a bloody bride. "I had so much fun celebrating my sisters and the future theta class! We got to play carnival games and win some fun spooky prizes!" -Julie Xoto (Veta Class)

Ritual Week Evidence



Progressive Dinner

What better way to get to know your sisters than by bonding over a tasty meal? For this ritual, sisters carpooled to different houses to try tasty appetizers, entrees, and desserts!

Sisterhood

"I love going to progressive dinner, it's such a fun event since you get to hang out with your sisters while bonding over delicious food!" -Kennedy Marsh (Veta Class)

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personally.

opportunity to get to
ota Candidate class and
pen better. Plus I had a
pretending to be a
with Agilyn and spending
with my sisters." -Adriana
a Class)

"It was a nice
talk to the
get to know hi
lot of fun
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more time v
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CAS: NOV: 202023 (CONT.)

Recipe of the Month: Cayman's Pumpkin Muffins

Make the most of pumpkin season with this classic recipe made over butter with Cayman's special recipe treats. Enjoy alone or with cinnamon butter.

Ingredients:

- 1 lb of pumpkin puree
- 1/2 cup unsalted butter, melted
- 3/4 cup light brown sugar
- 3/4 cup granulated sugar
- 2 eggs
- 1 tsp pure vanilla extract
- 1 3/4 cup all-purpose flour
- 2 tsp baking powder
- 1/2 fine sea salt
- 1/2 teaspoon salt
- 1 teaspoon ground cinnamon
- 1/2 teaspoon ground ginger
- 1/4 teaspoon ground cloves
- 1/8 teaspoon ground nutmeg

1. Preheat oven to 375 degrees F.
2. Grease a standard 12-cup muffin tin.
3. In a small bowl, mix together flour, spices, baking powder and sea salt. Set aside.
4. In a large bowl, whisk together pumpkin puree and melted butter until smooth.
5. Add brown sugar and granulated sugar and whisk until combined and there are no lumps.
6. Add eggs and vanilla and stir combine.

7. Add dry ingredients and stir until batter is smooth.

8. Pour 1/2 cup of the pumpkin muffin batter into each well of the muffin tin. Smooth out the top.

9. Bake in preheated oven 5-7 minutes, or until the tops are a cake tested inserted into the center of the loaf comes out clean few crumbs.

10. Let pumpkin muffins cool in a wire rack for 10 minutes then add transfer muffins to a wire rack to cool completely.

Sister of the Month: Maryn Wright



Maryn was nominated for Sister of the Month because she deserves recognition for all the work she does on the committee, as well as embodies our core value of professionalism. Congrats Maryn, and keep up the great work!

October
A happy birthday
Libra sisters! We
had an absolute

- 10/3: Juliana
- 10/3: Ferma
- 10/3: Kash
- 10/8: Adi
- 10/17: T

Birthday
to the rest of our
We hope that you each
ly wonderful day. :)

- Martinez (Eta Class)
- inda Hero (Eta Class)
- ala Robinson (Zeta Class)
- ei Rai (Theta Class)
- aryn Wright (Epsilon Class)

